

# GIRLS CROSS COUNTRY

## TEAM

### REGION

1990 Class B East Region Champion  
1991 Class B East Region Champion  
1992 Class B East Region Champion  
1993 Class B East Region Champion  
1994 Class B East Region Champion  
1995 Class B East Region Runner-Up  
1996 Class B East Region Champion  
1997 Class B East Region Champion  
2002 Class B East Region Runner-Up  
2005 Class B East Region Champion  
2008 Class B East Region Runner-Up  
2010 Class B East Region Champion

### STATE

1991 State Class B 3rd Place  
1992 State Class B 3rd Place  
1993 State Class B 3rd Place  
1994 State Class B 5th Place  
1995 State Class B 4th Place  
1996 State Class B 3rd Place  
1997 State Class B 3rd Place  
2002 State Class B 5th Place  
2005 State Class B 4th Place  
2006 State Class B 3rd Place  
2010 State Class B Champion

## INDIVIDUAL

### REGION

1996 - Stephanie Vangsnes - Class B East Region Runner-Up  
1997 - Stephanie Vangsnes - Class B East Region Runner-Up  
2008 - Sydney Kraft - Class B East Region Champion  
2010 - Chandra Yankton - Class B East Region Runner-Up

### STATE

1991 - Jamie Jordan - Class B All-State - 6th Place  
1993 - Jamie Jordan - Class B All-State - 17th Place  
1996 - Stephanie Vangsnes - Class B All-State - 8th Place

1997 - Stephanie Vangsnes - Class B All-State - 6th Place  
1997 - Cassie Hagel - Class B All-State - 9th Place  
1997 - Channa Pieterick - Class B All-State - 16th Place  
2002 - Sarah Skipper - Class B All-State - 11th Place  
2005 - Kirsten Welk - Class B All-State - 9th Place  
2005 - Chelsea Halvorson - Class B All-State - 15th Place  
2006 - Kirsten Welk - Class B All-State - 10th Place  
2006 - Chelsea Halvorson - Class B All-State - 17th Place  
2007 - Sydney Kraft - Class B All-State - 13th Place  
2008 - Sydney Kraft - Class B All-State - Champion  
2009 - Sydney Kraft - Class B All-State - 9th Place  
2010 - Chandra Yankton - Class B All-State - Runner-Up  
2010 - Sydney Kraft - Class B All-State - 6th Place  
2010 - Lauren Christenson - Class B All-State - 12th Place  
2010 - Crystal Hovland - Class B All-State - 15th Place  
2010 - Shanaya Fred - Class B All-State - 20th Place

# **BOYS CROSS COUNTRY**

## **TEAM**

### REGION

2007 Class B East Region Runner-Up  
2008 Class B East Region Champion  
2009 Class B East Region Champion  
2010 Class B East Region Champion

### STATE

1993 State Class B 5th Place  
2003 State Class B 5th Place  
2005 State Class B 5th Place  
2006 State Class B 5th Place  
2007 State Class B 4th Place  
2008 State Class B Runner-Up  
2009 State Class B Champion  
2010 State Class B Runner-Up

## **INDIVIDUAL**

### REGION

1994 - Scott Brandt - Class B East Region Champion  
2006 - Dylan Yoder - Class B East Region Runner-Up  
2007 - Dylan Yoder - Class B East Region Runner-Up

### STATE

1989 - Kevin Miiller - Class A All-State - 4th Place  
1991 - Brent Hoffert - Class B All-State - 19th Place  
1993 - Scott Brandt - Class B All-State - 9th Place  
1994 - Scott Brandt - Class B All-State - 6th Place  
2001 - Geoffrey Childress - Class B All-State - 16th Place  
2002 - Geoffrey Childress - Class B All-State - 18th Place  
2004 - Dylan Yoder - Class B All-State - 17th Place  
2005 - Dylan Yoder - Class B All-State - 13th Place  
2006 - Dylan Yoder - Class B All-State - Runner-Up  
2007 - Dylan Yoder - Class B All-State - 13th Place  
2008 - Dylan Yoder - Class B All-State - 11th Place  
2008 - Kyle Volk - Class B All-State - 15th Place  
2008 - Erik Wangler - Class B All-State - 17th Place  
2008 - Dustin Jundt - Class B All-State - 19th Place  
2009 - Kyle Volk - Class B All-State - 8th Place

2009 - Dylan Yoder - Class B All-State - 9th Place  
2009 - Erik Wangler - Class B All-State - 13th Place  
2009 - Dustin Jundt - Class B All-State - 14th Place  
2009 - Wyatt Thompson - Class B All-State - 20th Place  
2010 - Erik Wangler - Class B All-State - 5th Place  
2010 - Garrett Thompson - Class B All-State - 6th Place  
2010 - Kyle Volk - Class B All-State - 14th Place